



Studies in France: living expenses and funding





The aim of this document is to help you prepare your stay in France by providing you with tips and information about living expenses and with solutions to finance your studies in La Rochelle.

1 La Rochelle Business School tuition fees

Tuition fees vary between **€7,100** to **€ 12,500** a year, depending on the followed programme. You can check the exact fees on the 'Admission Procedure for International Students' document. Do not hesitate to request it to our team.
(enquiries@esc-larochelle.fr)

2 Average living expenses in La Rochelle

AVERAGE MONTHLY BUDGET

| | | | |
|---|--|-------------------------|--------------------------|
|  | Accommodation & bills Rent, water, electricity, taxes... | Housing benefit*: €120 | €430 |
|  | Transports | Bus pass: Bike pass: | €23 €10 |
|  | Food Errands and campus cafeteria (€3.20 a meal)* | | €200 |
|  | Personal spendings/extras Clothes, outings... | | €150 |
| Total estimated | | | €813 |

* Housing benefit, see next page for more information.

* 4 campus cafeterias are located near the School.

3 How to finance your studies?

You have many options to finance your studies, whatever the programme you are enrolled in and at all stages of your academic course.

Scholarships

IN YOUR HOME COUNTRY



The first thing to do is to check scholarship opportunities with your home country local institutions and/or with your school. You may get in touch as well with the [French Embassies](#) since some of them offer mobility grants to students.

OUTSIDE YOUR HOME COUNTRY

You may be granted a scholarship supported by national and international organisations. Here are the main ones:

▪ Erasmus +

To encourage international mobility, Europe created a programme for education, training, youth and sports which is open to everyone. It provides scholarships for [academic stays](#) inside the enlarged European Union (31 countries).

Amount: from **€100 to €300** a month, for a defined period of time.

More information on: http://ec.europa.eu/programmes/erasmus-plus/index_en.htm



▪ Fondation de France

This French Organisation provides scholarships to young people. Here are the main ones:



- Hostater grant: offered to last year students who have never faced school failure and are confronted to financial difficulties.
- Zellidja grant: offered to people aged between 16 and 20 and who are doing an academic stay in a foreign country.

Amount: depending on your origin, education level and profile.

More information on: www.fondationdefrance.org

▪ Campus France

This is the French National Agency for the promotion of higher education, international student services and international mobility. Don't hesitate to check their website to find which grant is the best for you. You will then have to see with the relevant organisation to see your eligibility.

Amount: depending on your origin, education level and profile.

More information on: www.campusfrance.org

Housing allowance



The French government provides housing assistance called "APL" (Personalised Housing) for international students in possession of a visa validated by the OFII sticker.

Amount: up to **€200** a month. Calculation based on your incomes and spendings.

More information on: www.caf.fr (website in French only)

Student loans

French banks offer various financing schemes for higher education studies. La Rochelle Business School has agreements with some of them: BNP Paribas, CIC Ouest and Société Générale.

More information on: www.esc-larochelle.fr/eng, section *Student Life > Financing studies*

Jobs

INTERNSHIPS AND WORK-STUDY CONTRACT

All the School degree-awarding programmes include **internship periods** from 1 to 6 months long.

Financial compensation: from **€554** a month for an internship that lasts more than 2 months.

Some degree-awarding programmes in the School enable you to follow a **work-study track**. The concept of this rhythm is to split your education between classes at School and working periods in a company.

Wage: from 53% to 78% of the French minimum wage (SMIC), that is between **€777** and **€1,143** a month.

STUDENT JOBS



You can also find a job on your spare time. For instance, you can give language lessons, babysit or work as a waiter or a seller.



International students may work in France for a maximum of **19 hrs a week**.*

The School is recruiting!

Some of the School's organisations offer student jobs throughout the year: the Junior Enterprise **Atlantic'Etudes** offers marketing and economic studies for companies, and the Job Service Organisation **La Rochelle Actions** provides spot missions in marketing (street marketing or telemarketing).

Become a tutor!

You may also help 1st year students by providing them homework support and get paid for it.

**The data is only applicable for some countries.*